Our Mission

The MSU Psychological Clinic strives to meet two equally important missions. The first is to provide state-of-the-art evidence-based treatments to the community in such a way that permits underserved populations the opportunity to receive mental health care. The second is to provide high quality training to advanced doctoral and postdoctoral students.

The MSU Psychological Clinic embraces the diversity embodied within individual and group differences. We offer culturally competent services in a safe and affirming space.
**Services**

Our services include treatments and assessments targeted at a wide range of difficulties and presenting problems.

**Psychotherapy**
- Adjustment Issues
- Aggression and Behavioral Disorders
- Anxiety
- Attention, Concentration, and Learning Problems
- Autism Spectrum Disorders
- Depression and Related Mood Disorders
- Eating Disorders
- Identity Concerns
- Impulse Control Disorders
- Obsessive-Compulsive Disorder
- Parenting/Co-Parenting
- Personality Disorders
- Relationship Problems
- Trauma, Grief and Loss

**Assessment**
- Attention
- Autism Spectrum Disorders (ASD)
- Giftedness
- Learning style, School Achievement, Learning disability
- Neuropsychological functioning
- Parenting and family interactions
- Personality and psychological difficulties

---

**MSU Psychological Clinic**

**Treatment Teams**

Our clinic houses several specialty sub-clinics that provide state-of-the-art, targeted treatment and assessment.

**The Autism Clinic**
- Assessment, individual, group therapy; parent, school consultation for individuals on the autism spectrum

**The Child Cognitive Behavioral Treatment Team**
- Provides Cognitive Behavioral Therapy to provide coping skills to children through exploration of thoughts, feelings, and behaviors
- Individual, group therapy; parent, school consultation

**The Interpersonal Problems Clinic**
- Helps adults and young adults understand thoughts and feelings that influence behaviors and relate to others more effectively

**The Learning Assessment Clinic**
- Offers comprehensive assessments for concerns related to learning, attention, or other issues that may impact academic performance

---

**Making an Appointment**

To schedule an appointment, please contact the MSU Psychological Clinic

- **Phone:** 517-355-9564
- **Fax:** 517-353-5437
- **Email:** clinic@msu.edu
- **Text:** clinic@msu.edu (text to email)

Our administrative staff will schedule a 30-minute telephone intake for you with one of our Clinic Coordinators.

During the phone intake, the Coordinator will collect information about you and your treatment needs in order to determine whether our services would be appropriate for your concerns and if so, how we are most likely to help you.

Your case will be discussed with the Clinic Director and we will contact you within one week following your intake to discuss plans for your treatment.